

Testimonials for Joy of Fitness

Silver Spring, MD
Gyms

92% **Would Recommend to a Friend**
Based on 60 Responses

S

Sophia E

Recommended on April 30, 2016

“Already feeling the difference after a few weeks and feeling great!”

J

Janet A

Recommended on February 27, 2016

“Shannon is awesome! The group workouts feel like time hanging out with friends. She is tons of fun to work out with and is always really responsive to whatever is going on with each person present, suggesting modifications to support each issue. Good exercise and good fun.”

K

Kate I

Recommended on January 12, 2016

“I love my workouts with Shannon! She makes it enjoyable and challenging at the same time. ”



Joy of Fitness

More about the business

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